



President's Message

Even though December is cold and dark, our hearts are never more warm and filled with light than they are during this time. We share meals with loved ones and find ways to connect with friends we haven't seen all year. We look for ways to give to those in need. And we are thankful, more than ever, for not only the things we have, but the ways in which we are able to help those who need us.

I am honored to "Build a Better World for Women and Girls" through our Zonta Club. It is hard to believe that 2022-23 year of Zonta is half over. We have had members attend the District 6 Fall Conference. The committees have worked together for great program meetings, Christmas Parade participation and a great, well attended Christmas Party.

There is much to look forward to this coming year through Zonta. On the agenda are – Amelia Earhart Program, Member Game Night, our annual Chicken Noodle Dinner and Country Store and Women Who have made a Difference Event to name a few.

During this holiday season, let's not lose sight of the value of giving to others. It does not matter whether you give a lot or a little, give gifts or intangible things. What matters most for meaningful happiness is appreciating the importance of those around you – family, friends and community – and do so each and every day of the year, not simply on Christmas morning.

Thank you for all you are doing to promote Zonta. Have a wonderful holiday season and blessings on your New Year.

Dana



MARK YOUR CALENDAR!

January 11, 2023 Program Meeting
Advocacy Committee presents....
Amelia Earhart: A First-Person Portrayal by Leslie Goddard
Frankfort Community Public Library — Program at 6
Note: This will be a public event, with details of the evening yet to come. So watch for more information soon and invite your family, friends, and co-workers to join us!

- January 4 Board Meeting — Frankfort Community Public Library at noon
- January 26 Business Meeting — Paul Phillippe Resource Center at noon

[More events for your calendar..](#)

- February 1 Board Meeting — Frankfort Community Public Library at noon
- February 1 Member Game Night — Paul Phillippe Resource Center at 6pm
- February 8 Program Meeting — Advocacy Committee
- February 25 Business Meeting — Paul Phillippe Resource Center at noon

March 4 Chicken Noodle Dinner & Country Store — Edward Jones Building (serving 4:30-7)

Our major fundraiser will be here before we know it! In January, each member will receive the required # of tickets to sell and of course, selling more is always a plus to our bottom-line! Shift sign-ups will also begin in January, so please plan to work a shift or two, which is usually 2 hours. And, start thinking about those delicious items you can bring to the Country Store!

SERVICE COMMITTEE NEWS

During our February membership event, we hope to use a portion of that time to pack activity kits for Ascent 121. We kicked off our activity kit journey at our program meeting in November. We asked that members collect an item for each day of our 16 days of activism. We have had a good response; however, we will need more supplies if we hope to hit our goal of 24 manicure kits and 12 pedicure kits. We still need the following items in the quantities listed:

For both kits:	For one of the kits:	
Bright Nail Polish – 56 bottles	Nail Stickers – 20 packs	Toe dividers – 7
Hand towel – 70	Cardboard nail files – 36	Foot scrub – 7
Candle – 26	Hand scrub - 24	Toe scrub brush – 5
Small bags of individually wrapped candy – 30		Fuzzy socks - 3

We have more than enough of some items to build both kits, so thank you so much for your generosity! Many of the items can be found at the Dollar Store (that is now \$1.25!) If you do not want to go on the hunt for items, we can also accept cash donations to purchase what is still needed as we approach our February date. We will collect items at both of our meetings in January or you can call/text **Stephanie** at 652-0704 to have items picked up.



Ascent 121 is committed to helping survivors of commercial sexual exploitation with a mission to “empower young people and their families through long-term recovery services to position them for their next chapter in life”.

For our book drive project, we have collected 212 books to date! This project is to collect children’s books to stock the Free Little Library locations on the square and at the Boys & Girls Club. It is proven that there is a strong link between reading and success, making it an essential activity for personal development. The US ranks 125th for literacy rate among all countries (*IMSE Journal*). According to Forbes magazine, low literacy levels among US adults could be costing the economy \$2.2 trillion (*yes, that is with a ‘T!’*) per year. We will continue to collect books as an ongoing project. Books can be new or gently used children young adult books. We can also take adult books, but prefer those for the younger kids.



DECEMBER

- 3 Dawn Layton**
- 27 Susie Michael**
- 31 June Palmer**

JANUARY

- 18 Judy Sheets**

... past and yet to come!

ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

16 Days Campaign - November 25 — December 10



November 16th — Mayoral Proclamation

ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN



20 new signs & stakes were bought this year, so “thank you” to those who placed these in their yard to raise awareness. And, another “thanks” to Rachel for making sure this got done!

Christmas Parade
December 3rd
Downtown Frankfort!



Thanks to Brittany and Britt for heading this up and to the members and others who helped &/or braved the cold to walk and also raise awareness to domestic violence!





**Christmas Party
December 7th at the
Angry Donkey!**



YWCA Update:

As shared previously, the YWCA of Greater Lafayette opened a Sexual Assault Case Advocate office early this Fall in the Healthy Communities of Clinton County building. Initially staffed with one case advocate, the office now has two full-time advocates, Ashley Miers and Bree Palmer. They are available 24/7 - 365 from crisis intervention through trial. The YWCA also offers a support group in Clinton County.

This support group - Healing Forward Sexual Assault Support Group - focuses on healing and coping skills. They use the books *Life After Trauma* and *Healing From Sexual Trauma Workbook*. There is a mix of open table group discussion and lessons from the books, choosing one topic each week to focus on while also allotting time for group members to openly share about what is going on in their lives. Topics include but are not limited to: reclaiming safety, self-worth, focus, control, creating boundaries, cultivating self-compassion, confidence, and resilience. The Sexual Assault Support Group meets at Healthy Communities of Clinton County, 1234 Rossville Ave. Suite A, from 6-7:30pm on Fridays with a Zoom option available.

It is important to note that the sexual assault could have happened at any time (*last week to a decade ago*) and the YWCA knows healing is a process and is here to support. If you know someone who might benefit from these services, please share this information.

Zonta International celebrated 103 years on November 8th. As part of the Every Member Every November Campaign, members and others around the globe donated just over \$156,000 to the Zonta Foundation for Women. These dollars help support all Zontians' commitment to fund our International Service Projects and Educational Programs for the current biennium. Six months into this biennium, these and prior donations total just over \$760,000 of the \$5,473,000 needed.



If you missed donating in November, please consider donating as part of your Christmas giving. Remember: Women and girls around the world are counting on us!



Good nuts — news!

We made just under \$1100 on the 36 cases or 432 bags of nuts ordered in November, so a big "THANKS" to everyone who participated!

Zonta Club of Frankfort—2022/2023 Board

Officers

President	Vice President	Secretary	Treasurer
Dana Myers	Rachel Milburn	Rita Betts	Marlene Brant

Directors

Past President—Stephanie Buntin
2022/2023—Marvel Albitz & Jenny Neal
2022/2024—June Palmer & Kaytianne (Rottler) Gellenbeck

The monthly submission target date for 2022-2023 will be the 25th of each month. Send submissions to: jeniluroyalty@gmail.com.

All submissions should be in a simple Word document format. Committee Co-Chairs are encouraged to submit meeting dates or other information related to your committee work. Suggestions for improvement are welcome as well! Thank you!